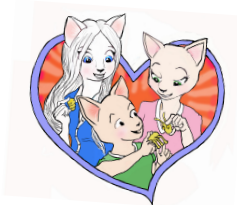


# *Daily Qs During Covid for Those Wired Dif*

1. What Am I **Grateful** for Today?
2. How Am I **Connecting** with My Family Today?  
(or Who Am I **Talking** with Today?)
3. How Am I **Accepting** My 'New Normal'?  
(or **Letting Go** of Expectations?)
4. When Am I **Getting Outside** Today?
5. How will I **Play** or **Be Active** Today?
6. What **Beauty** do I Notice or Create Today?

*my thanks to Brooke Anderson*



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*Building Connections for Those Wired Differently*

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