

# Morning Routine

The chart is a grid for tracking a morning routine. The vertical axis on the left is labeled with the numbers 6, 7, 8, and 9, with 'am' written next to the 6. The chart is divided into three columns by a vertical line. Horizontal lines are drawn across the chart at each hour mark. On the left and right sides of the chart, there are tick marks corresponding to the horizontal lines.



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